



## Australian PR Network Meeting April 2025

### Meeting Minutes

**Date:** Tuesday 8 April 2025

**Time:** 12:00pm to 1:00pm AEST

**Recording:** <https://youtu.be/RREV84nVC6I>

**Invitees:** All Pulmonary Rehabilitation (PR) Network Members

**Meeting Chair:** Professor Jennifer Alison

**LFA Reps:** Hailey Fisher

### Meeting Minutes

Topic	Resources
<b>Welcome and acknowledgement to country</b> Jennifer Alison (JA) opened the meeting with an acknowledgement to country and a summary of the meeting agenda.	
<b>TSANZ conference summary</b> JA provided a summary of the TSANZ 2025 conference themed Sustainable Advances in Lung Health in a Changing Climate. Presentation topics included the impact of the climate and	<a href="#">TSANZ 2025</a>

<p>environment on early childhood growth, women's health and pregnancy, preventative strategies for chronic lung disease and changing respiratory health.</p> <p>Congratulations to Sarah Brown and Sarah Hug for being selected as finalists for the Ann Woolcock New Investigators Award with presentations on PR. Sarah Hug was successful in winning the award.</p>	
<p><b>PR Activities</b></p> <p><b>COPD Clinical Standards</b></p> <p>JA discussed leveraging the COPD Clinical Standards, Quality Statement 5 to support the PR Strategy.</p> <p>Quality Statement 5: Pulmonary Rehabilitation</p> <ul style="list-style-type: none"> <li>• A person with COPD is referred for PR.</li> <li>• If the person has been hospitalised for a COPD exacerbation, they are referred to a PR program on discharge and commence the program within four weeks.</li> </ul> <p>What does this mean?</p> <ul style="list-style-type: none"> <li>• For Patients: understand what PR is and its benefits</li> <li>• For Clinicians: refer patients to PR and explain what it is and benefits</li> <li>• For Health Services: ensure that systems, processes, and resources are in place to support referral and access to pulmonary rehabilitation programs.</li> </ul> <p>PR Network members expressed interest in an automatic discharge letter to assist with referrals to PR.</p> <p><b>PR Strategy Framework</b></p> <p>JA and Hailey Fisher provided an overview of PR projects being implemented in line with the four key action areas: image and awareness, data and service quality, access, and funding.</p> <p><i>Image and awareness</i></p> <p>Resources are being developed to support Aboriginal Health Workers and Practitioners, the general health workforce and community members.</p> <p>An animation video and yarning scripts will be published on the Pulmonary Rehabilitation Toolkit. A PR factsheet for people living with a lung disease or lung cancer to be available on LFA website with updated website content and improved functionality of the Service</p>	<p><a href="#">COPD Clinical Care Standard</a></p> <p><a href="#">PR Strategy Framework</a></p>

<p>Directory. Resources will be circulated with PR Network members in the coming months.</p> <p><i>Data and service quality</i></p> <p>Australian and New Zealand PR Clinical Practice Guidelines to be updated and national quality standards developed through TSANZ working group. Update may include evidence for telerehabilitation (to aid improved access to PR) but PICO questions for the update will be decided by consensus in the working group.</p> <p>A new group has been established which is the Australia and New Zealand Respiratory Audit Program (ANZRAP) committee. This group aims to assess the quality of inpatient care for those admitted with an exacerbation of COPD against the Clinical Standard. This will occur across Australian and New Zealand in 2025. The same processes will be used to assess the quality of inpatient care for people admitted with asthma in 2026. The cycle will continue every second year for each disease to track quality improvement.</p> <p><i>National Minimum Dataset</i> – currently there is a PR registry in Queensland and a PR data registry is being proposed in New South Wales. The long term aim of LFA is to support a sustainable national PR registry.</p> <p><i>Funding opportunities</i></p> <p>LFA will continue to seek funding opportunities to implement activities outlined in the PR Strategy Framework.</p> <p>A recent Quality Use of Medicines application submitted by LFA, which aimed to support aspects of the PR Strategy was unsuccessful.</p>	
<p><b>Remote PR webinar</b></p> <p>Clarice Tang provided an overview of the Remote Pulmonary Rehabilitation webinar.</p> <p>Associate Professor Narelle Cox presented on the practical tips to implement remote PR. Professor Clarice Tang presented cross cultural adaptations in pulmonary rehabilitation and international speaker Professor Nicola Roberts presented on adapting pulmonary rehabilitation for levels of health literacy.</p> <p>Overall, 122 people expressed interest in watching the webinar/recording and 54 people attended live.</p>	<p><a href="#">Webinar recording</a></p>
<p><b>Other business, questions and Meeting Close</b></p>	

<p>JA thanked the speakers and PR Network members for joining.</p> <p>If members have any topics they would like covered in future Network meetings, or have any questions, please email <a href="mailto:pulmonaryrehabilitation@lungfoundation.com.au">pulmonaryrehabilitation@lungfoundation.com.au</a>.</p> <p><i>Next meeting: July/August 2025</i></p>	
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